

As recovery outreach ministry our core belief & principles maybe different than others, and our method maybe to creative but we have faith in this God's vision and is that lasting freedom from addiction, mental illness, and depression is possible through faith, community, and practical support, offering hope, healing, and transformation in Christ by connecting those struggling with resources, spiritual guidance (prayer, Bible study), and a compassionate network of peers who understand their journey.

Our Beliefs & Principles:

- **Hope & Transformation:** Addiction/depression isn't the end; people can find freedom, purpose, and a new life in Christ.
- **Community & Support:** A strong, compassionate community is essential, reducing shame and providing a safe space to share, learn coping strategies, and support one another.
- **Practical Resources:** We believe offering tangible help like life skills, addiction education, and connecting people to essential services.
- **Service to Others:** Our belief that serving others and sharing one's story is a powerful way to deepen personal recovery and help others.
- **Inclusivity:** Reaching all who need help, regardless of background, with love and dignity.
- **Holistic Approach:** Mental health issues, addiction, and trauma are interconnected and require addressing clinical, medical, vocational, relational, and spiritual needs.
- **Hope & Transformation:** Everyone has the capacity for meaningful, sober, and purposeful lives, viewing recovery as personal growth and transformation.
- **Dignity & Respect:** People struggling with mental health deserve compassionate, non-judgmental support, recognizing their inherent worth and ability to heal.

- **Faith as Foundation:** Integrating faith (Biblical truth, prayer, community) with evidence-based practices to build resilience and offer grace.
- **Empowerment & Self-Reliance:** Providing skills, resources, and support for individuals to take charge of their recovery journey.
- **Community & Connection:** Fostering peer networks and family involvement to combat isolation and build a strong support system.

Key Activities:

- **Meetings & Support Groups:** Regular gatherings for sharing and fellowship.
- **Mentorship:** Connecting experienced individuals (mentors/coaches) with those in early recovery.
- **Resource Distribution:** Providing flyers with hotline numbers and local help.
- **Prayer & Bible Studies:** Deepening spiritual foundations.
- **Outreach:** Door-to-door efforts, community events, and digital engagement.
- **Faith-Centered Counseling:** Biblical counseling and discipleship pathways alongside professional therapy.
- **Resource Connection:** Linking individuals to mental health professionals, addiction programs, housing, and other critical services.
- **Life Skills Training:** Classes and workshops on emotional regulation, healthy decision-making, and vocational skills.
- **Support Groups:** Facilitating peer support, often tailored for specific needs (women, youth, addiction).